

OTTAWA

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## That's cold

American ambassadors and other high-profile foreign service officers have been banned from participating in the Ice Bucket Challenge

## Pedestrian hit, killed by train

A person was struck and killed by a Via Rail train on its way from Montreal to Ottawa

PAGE 10

## ISIS 'must be punished'

Prominent Calgary imam says terrorist group must be stopped; frets it may inspire Canadians

PAGE 9



# People's protest



A demonstrator brandishing a Peoples' Social Forum banner marches to Parliament Hill Thursday afternoon. Thousands of activists championing different causes walked up Wellington Street in a unity march. The Peoples' Social Forum is organizing more than 500 workshops in Ottawa this weekend covering topics such as climate change, missing aboriginal women and the future of Canada Post.

See story, page 3. LUCY SCHOLEY/METRO; PHOTO: TREVOR GREENWAY/METRO

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## Caution urged

**Motorcycle deaths in Ontario might reach 7-year high: OPP**

Ontario could be headed for a seven-year spike in motorcycle deaths and all motorists need to exercise caution, the provincial police warned Thursday.

The OPP said as of Aug. 18, 26 people — 25 motorcyclists and one passenger — had died in crashes within the

force's jurisdiction.

That compares with 29 deaths in collisions involving motorcycles all of last year, and 26 the year before.

"Last year from this time forward, we recorded nine more fatal collisions in the fall season. So, we could certainly beat the record and have the worst motorcycle season in at least seven years and probably beyond," said Sgt. Kerry Schmidt.

He said the collisions were happening in ideal road condi-

tions and more than half of the victims were between the ages of 45 and 64.

Schmidt said it was difficult to pinpoint the exact reason for the surge in accidents, but complacency within the motoring public could be a reason. In 50 of the last 175 fatal collisions, "the motorcyclist was actually recorded as driving properly at the time, which tells us that other motorists are contributing to these collisions," Schmidt said.

Police are reminding

motorcyclists to wear high visibility clothing and position themselves properly in lanes to increase their chances of being seen, while also reminding other motorists to be on the watch for motorcycles, especially before changing lanes.

Amrit Toor, a British Columbia-based forensic engineer specializing in accident reconstruction, said the primary cause of a collision is the fact that other road users don't always see a motorcycle.

THE CANADIAN PRESS



The Ottawa Student Transportation Authority has ended its contract with Stock Transportation and is going with three new smaller companies to take kids to school this fall. METRO FILE

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# Independent bus operators feel 'snubbed' by OSTA plans

**'Secret favouritism.'**

Campeau-Quesnel, Roxborough, Direct Transportation get five-year contracts, new rate



**JOE LOFARO**  
[joe.lofaro@metronews.ca](#)

some of the nearly 200 routes to help grow his business.

"In our business, growth is, as in any business, something that we seek. In our business it's extremely difficult," he said. "We said we were ready and willing to help."

But OSTA general manager Vicki Kyriaco denied any animosity with bus operators and emphasized that she offered routes to the independent companies, "but they turned them down."

"I get that there's consternation about the outcome of our procurement, but there are reasons why we proceeded the way we did," said Kyriaco.

She pointed to a memo sent to OSTA board of directors, which noted that OSTA had tried to approach existing companies to cover the 193 routes, but chose the three companies for a variety of reasons, including, "acceptance of reasonable contract terms" and "positive references from CTSO and STEO."

Hochgeschurz called Campeau-Quesnel's safety record "horrendous" and questioned OSTA's decision to award that company more than 100 routes.

According to the company's Commercial Vehicle Operator Summary, the Ministry of Transportation gave it a "satisfactory" rating and a safety violation rate of 48.9 per cent. It operates 133 buses.

Campeau-Quesnel declined to be interviewed for this story.

Weeks before the yellow buses hit the pavement for another school year, independent bus operators in the Ottawa area say they were "snubbed" and not considered seriously for contracts after Stock Transportation stopped serving Eastern Ontario.

To make up for the 193 routes left behind from Stock, the Ottawa Student Transportation Authority (OSTA) signed new contracts with two new companies and an existing one.

The consortia gave five-year contracts and a new rate to Campeau-Quesnel, Roxborough and Direct Transportation Logistics.

In a harshly-worded letter obtained by Metro, a group of independent bus companies accused the consortia of demonstrating "a lack of respect for most of us" and "secret favouritism for others." The June 19 letter was addressed to then OSTA president John Shea.

Eric Hochgeschurz, owner of Premier Bus Lines Inc., told Metro in an interview Thursday he would have liked to acquire

# New Fall Service

**On Sunday, August 31**, new schedules go into effect on most routes to reflect the increased demand for service in the fall, along with several routing changes.

You should obtain a new timetable for all **peak period** and **express** routes as well as the following routes: **1, 4, 5, 7, 8, 9, 12, 14, 16, 85, 87 through 101, 106, 107, 111, 112, 114, 118, 122, 123, 124, 128, 129, 143, 144, 156, 172, 174** and the O-Train.

Schedules will be adjusted to improve reliability on Routes **37, 85, 101, 105, 123 and 261**.

To meet the growing demand for service, trips will be added that are over and above the normal seasonal increases or capacity will be increased by using articulated or double-decker buses on routes: **4, 5, 7, 8, 30, 94, 95, 96, 99, 105, 111, 130 and 144**.

Minor frequency reductions in certain time periods will be made to Routes **12, 18, 61, 68, 85, 106, 172, 174 and 262**, based on ridership, but sufficient capacity will be maintained.

## Service Highlights

**6** will be rerouted to operate in both directions between Tunney's Pasture and Hurdman Stations between approximately 6 to 10 a.m. and 2:30 to 7 p.m. Service will be increased to every 15 minutes westbound in the morning and eastbound in the afternoon, while the opposite directions will remain at 30 minutes.

Buses will be extended from Carling Avenue along Holland to Tunney's Pasture. Eastbound service will travel from Metcalfe via Isabella, instead of Argyle, to reduce travelling time for customers. As well, the route will be extended via Pretoria Bridge, Hawthorne, and Lees Avenue to the Transitway and Hurdman Station, instead of travelling along Elgin Street to the Rideau Centre. Connections to the Rideau Centre can be made by transferring to Routes 1 and 7 on Bank Street or to Route 5 on Elgin Street.

**76** will be renumbered 72.

**96** will provide improved weekend service in Stittsville, with two eastbound trips added in the evening from the Goulbourn Recreation Complex.

**96A** will be extended to serve Tanger Outlet later this fall, and bring service closer to the Arcadia community for reduced walking distances and improved service.

From Stittsville, buses will travel along Huntmar, then via Palladium and south on Huntmar to the Canadian Tire Centre and the regular routing. Changes will be implemented when road construction is completed.

**101** will have some trips extended during peak periods to Place d'Orléans and increased in frequency to replace Route 102. In the morning, these trips will start at Place d'Orléans, and in the afternoon will end at Place d'Orléans. As well, the first morning trip will depart Orléans earlier to better match customers' needs.

**102** will be **cancelled** and replaced by Route 6, which will be extended to Tunney's Pasture and Route 101, which will be extended to Place d'Orléans during peak periods. For service to Tunney's Pasture, use the online Travel Planner to find your best travel options.

**129** will no longer operate to the Canada Aviation and Space Museum on weekends after Labour Day, with the end of the special summer-weekends-only service. The trip to and from the museum on weekdays will continue.

**174** will be expanded to offer new limited service on Saturdays, with three trips in each direction. Route 174 will also provide service to and from Baseline Station during both peak periods Monday to Friday, for improved transit connections for the Woodvale, Craig Henry and Manordale communities.

**182** will be rerouted to reduce walking distances and improve service to west end employment centres in Kanata North and at Abbot Point of Care (POC). Between Bayshore and Carling Place, buses will travel west via Holly Acres, Carling and Corkstown to Abbot POC, instead of via Highway 417.

The trips that currently operate to Schneider and Carling in Kanata North, will be extended from Leggett via Solandt, Hines and Innovation to the Richcraft Recreation Complex. Service on a small portion of Schneider will be removed, but customers will be within walking distance of transit.

**185** will no longer operate on weekends to the Agriculture Museum and Experimental Farm after Labour Day, with the end of the special summer-weekends-only service

**198** will no longer operate on weekends to Petrie Island after Labour Day, with the end of the special summer-weekends-only service.

## School Routes

School trips are adjusted every year, so confirm your route and schedule before school starts. Visit [octranspo.com](http://octranspo.com) for the most up-to-date information.

## Service Information

For the arrival times of your bus 24 hours a day, call 613-560-1000 or text 560560 plus your four digit bus stop number.

Automated travel planning is available at [octranspo.com](http://octranspo.com) and [octranspo.mobi](http://octranspo.mobi). Just enter the information about your trip and the system will create your own personalized travel plan.

For more information about these changes, new timetables or trip planning, visit an OC Transpo Sales and Information Centre, go to [octranspo.com](http://octranspo.com) or [octranspo.mobi](http://octranspo.mobi), or call 613-741-4390 during these hours:

<b>Monday to Friday and Labour Day .....</b>	<b>7 a.m. - 9 p.m.</b>
<b>Saturday.....</b>	<b>8 a.m. - 9 p.m.</b>
<b>Sunday .....</b>	<b>9 a.m. - 5 p.m.</b>

OC Transpo Sales Centres at St-Laurent, Place d'Orléans and Lincoln Fields will be open on Labour Day and on these Saturdays from 11 a.m. to 5 p.m. for your added convenience: August 30, September 6 and 27, October 4, and November 1.

## Labour Day

On Monday, September 1, a Sunday schedule will operate, so only those routes that normally run on Sunday will be in service. Holiday schedules are available at [octranspo.com](http://octranspo.com). OC Transpo Sales and Information Centres will be open to serve you.

The Customer Relations Department (613-842-3600) will be closed.

The DayPass (\$8.10) will be valid as a Family DayPass on August 30 and 31, and September 1. A family of up to six people, with a maximum of two age 13 or older, can get unlimited rides for a day. You can buy a DayPass on the bus (exact fare). The Family DayPass is not accepted on STO service.

## Para Transpo

Para Transpo will operate a holiday service on Labour Day. Regular scheduled trips are automatically cancelled. Customers may book trips by calling 613-244-7272 on or after August 25.

## Meisner technique. U.K. duo to teach local actors

Two actors based in the U.K. are offering a workshop on an acting and communication tool they say will not only produce better acting, but better communications overall for anyone who deals with the public.

According to Jessica Ruano and Royce Sparks, most people do not listen to others well. We're usually too busy having the internal dialogue, self-consciously thinking about what we're about to say next, or how we appear, to have an authentic interaction with someone else. The more we worry about how good we appear, the more we act, the worse we come off, according to the pair.

Named for Sanford Meisner, the British actor and teacher, Meisner's technique gets the speaker out of his or her head and focuses attention on listening through five exercises.

"Actors are often too busy being preoccupied with themselves — how they look and sound, and this behaviour often leads to self consciousness and a general deadening of the actor's life on stage or camera,"

wrote Ruano in a Skype interview.

"The Meisner technique's premise is to focus the attention on the other person, and out there."

Sparks first learned about the technique after experiencing a crisis of self-confidence that nearly derailed his acting career.

"I was 19 when I stopped acting for a few years and trained with Scott Williams at The Impulse Company in London," Sparks explains. "Scott had trained under Meisner and taught me that my greatest obstacle was always focusing on myself, rather than the exciting life of the other actor."

Sparks was so impressed with the technique, he began teaching it to business people in London. "It's great for people who suffer anxiety in public speaking, or day-to-day interactions."

Ruano and Sparks will be at Arts Court from Sept. 4 to 11. The workshop costs \$150. Register at <http://artscourt.ca>

DENIS ARMSTRONG/FOR METRO



Jessica Ruano and Royce Sparks are hosting a workshop this fall to teach a performance technique they say could help us all. DAISY BRYDON/FOR METRO

### Bubble Boy Disease

#### SCID not as rare as thought: Study

According to a new study published this week in the Journal of the American Medical Association, Severe Combined Immune Deficiency disorder, commonly known as the "Bubble Boy Disease", is not as rare as previously thought.

A year into CHEO's screening program shows that SCID affects one in 58,000 newborns, not one in 100,000, as previously thought, according to the study. Ontario is the only province in Canada to test every newborn for SCID.

DENIS ARMSTRONG/METRO

### Peter O'Leary

#### Sens hire new marketing officer

In an effort to make "significant improvements" to their marketing presence, the Ottawa Senators have hired Peter O'Leary as the team's chief marketing officer and vice-president of ticketing.

### DENIS ARMSTRONG

ottawa@metronews.ca

The Ottawa Senators unveiled their new team uniform and logo at Ottawa Stadium on Thursday.

When Bytown's boys of summer take to the field in May 2015, the new Can-Am

team will wear blue uniforms with red accents and a mash-up of a stylized Peace Tower and baseball diamond across the chest.

The baseball cap logo is a mash-up of the Peace Tower and home plate surrounded by a red "O", and backed by a maple leaf. Reminiscent of the Ottawa Senators' original Peace Tower jersey in 1992, the team received more than 80 suggestions during a promotional campaign. This is the one that won.

Accompanied by mayor Jim Watson and councillors Bob Monette and Ma-

thieu Fleury, Champions president David Gourlay also announced the launch of the team's bilingual website [www.champsottawabaseball.ca](http://www.champsottawabaseball.ca) and added that major improvements to the stadium, including a new scoreboard and hospitality services, would begin in September.

"The Ottawa Champions aspire to reflect our community and our new logo represents our passion for playing the game of baseball here in the nation's capital," said Gourlay. "We hope all our supporters and

sports fans will embrace this bold new approach to professional baseball in Ottawa through our logo and colours."

Watson said he is excited for the future of Ottawa's now many sport franchises.

"This is a fantastic look for Ottawa's latest professional sports team," said Watson. "Ottawa is an exciting city and this will be an exciting addition to the Ottawa's entertainment scene. And with construction on the LRT on schedule, it will change the city, and make coming to the ball park easy."

## Families protest for affordable Internet

Ottawa activists representing low-income families rallied in front of the Ottawa Public Library Thursday to raise awareness about their lack of affordable Internet access.

It was part of a nationwide campaign led by ACORN Canada, in its bid to convince the Canadian Radio-television and Telecommunications Commission (CRTC) to

lower prices for low-income families, specifically those in urban areas.

The group said families shouldn't have to send their kids to libraries just to get online.

"I feel it's a necessity to have access, to be able to utilize the Internet for homework purposes, for knowledge purposes," said Leeann

Gates, who marched with her daughter and about a dozen protestors from the library to Parliament Hill.

"It can be overwhelmingly expensive. Without that Internet I feel that my child is without a necessity to further her education."

Gates' 15-year-old daughter Cassie said last year she had to go to the McCann

Clubhouse on McArthur Avenue — which is part of the Boys and Girls Club of Ottawa — to access the Internet for school work.

"I'm hoping to get a job soon so I can help my mom out to pay for Internet. Because it's really hard for her on her salary to pay these bills," said the Grade 9 student. JOE LOFARO/METRO



Ottawa Champions baseball club president David Gourlay left and Orleans councillor Bob Monette try on the team's new shirts and ball caps.

DENIS ARMSTRONG/METRO



Federal Judge Robert L. Hinkle has declared that Florida's same-sex marriage ban was unconstitutional. LEON NEAL/AFP/GTY IMAGES

# Judge says no to Florida's gay marriage ban

**Ban had been added in 2008 vote.** A U.S. federal judge rules Florida's ban to be unconstitutional

A federal judge on Thursday declared Florida's ban on same-sex marriage unconstitutional, joining state judges in four counties who have sided with gay couples.

U.S. District Judge Robert L. Hinkle ruled that the ban added to Florida's constitution by voters in 2008 violates the 14th Amendment's guarantees of equal protection and due process. Hinkle issued a stay delaying the effect of his order, meaning no marriage

licenses will be immediately issued for gay couples. Hinkle, an appointee of President Bill Clinton, compared bans on gay marriage to the long-abandoned prohibitions on interracial marriage and predicted both would be viewed by history the same way.

"When observers look back 50 years from now, the arguments supporting Florida's ban on same-sex marriage, though just as sincerely held, will again seem an obvious pretext for discrimination," Hinkle wrote. "To paraphrase a civil rights leader from the age when interracial marriage was struck down, the arc of history is long, but it bends toward justice."

THE ASSOCIATED PRESS

## Starbucks. Customers buy next patrons' drinks in day-long kindness chain

A woman started an act-of-kindness chain that lasted for hours at a Starbucks drive-thru in Florida.

Nguyen says he doesn't believe she understood the concept of paying it forward.

THE ASSOCIATED PRESS



Starbucks patrons bought each other drinks Aug. 20. GOOGLE IMAGES



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# For Trudeau, Tories' beat is 'elite, elite'

**War of word.** Stephen Harper has repeatedly called Justin Trudeau 'elite' — a word that's becoming a popular Conservative put-down for the Liberal leader

In the communications arsenal the Conservatives are building against Liberal Leader Justin Trudeau, the word "elite" is proving to be one of the most popular put-downs.

Prime Minister Stephen Harper has used the word "elite" repeatedly when referring to Trudeau and those around him, part of the narrative the party is building in advance of the 2015 election.

"You can listen to the liberal elites, and the liberal media pundits and liberal interest groups and you can

## Pot calling the kettle elite?

David Coletto, CEO of polling and research firm Abacus Data, said the longer Harper is in power, the harder it becomes to use such messages against an opponent.

- Yet, he says, framing Trudeau as "elite" might still resonate with Harper's core constituency, particularly in the West.

hear the plan: Tell Canadians there's something new and exciting," Harper said Wednesday in Langley, B.C., referring to Trudeau.

Trudeau's top adviser, Gerry Butts, fired back on Twitter: "My dad mined coal for 40 years in Cape Breton. He'd be proud the prime minister thinks his son's an 'elite.'" THE CANADIAN PRESS



Liberal Leader Justin Trudeau talks to media at the federal Liberal summer caucus meeting in Edmonton on Wednesday. JASON FRANSON/THE CANADIAN PRESS



## PM announces multimillion-dollar Arctic program in Yukon

Canadian Prime Minister Stephen Harper reacts to the temperature of a permafrost ice core at Yukon College in Whitehorse Thursday. Harper kicked off the first full day of his annual Northern tour with news of a multimillion-dollar Arctic program that will focus on resource development, transportation and shipping, marine-safety technologies and community infrastructure. The federal government is spending \$17 million on the program over eight years, and seeking another \$65 million from industry over that same time period. ADRIAN WYLD/THE CANADIAN PRESS

## Privacy czar. Websites must make privacy policy transparent to customers

All businesses — especially those operating online — should be upfront with customers about their data-collection practices as transactions move into the digital realm, Canada's privacy czar says.

Websites must explain clearly what personal information is collected, how it is used, whether it is disclosed to third parties and for what purpose, federal privacy commissioner Daniel Therrien says in his annual report on the private sec-

tor, made public Thursday.

"Without such transparency, customers cannot provide the meaningful consent necessary for a business to collect their personal information," Therrien says.

"Transparency helps make businesses accountable and breeds trust on the part of consumers. More and more, it will become integral to the smooth functioning of the online market."

THE CANADIAN PRESS

## Harper. Missing, murdered aboriginal women aren't a 'sociological phenomenon'

Prime Minister Stephen Harper says police investigations, not a national inquiry, are the best way to deal with crimes involving missing and murdered aboriginal women.

The death of a 15-year-old aboriginal girl found dumped in Winnipeg's Red River has prompted renewed calls for a national inquiry.

But Harper says most such cases are addressed — and solved — by the police. He says it's important to keep in mind

that these are crimes.

"We should not view this as sociological phenomenon," the prime minister told a news conference Thursday. "We should view it as crime. It is crime against innocent people, and it needs to be addressed as such."

The Conservative government has rejected all calls for a national inquiry into murdered and missing aboriginal women, saying it prefers to address the issue in other ways.

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Imam Syed Soharwardy, left, speaks at the Jamia Riyadul Jannah place of worship in Mississauga, Ont., in this February 2012 file photo. The prominent Calgary imam worries that the reported death of a Canadian in Iraq could inspire other radicalized youth to follow his example. CHRIS YOUNG/THE CANADIAN PRESS

# Calgary imam calls out ISIS as radical terrorists

**Drawing awareness to militants.** Imam Syed Soharwardy denounces 'un-Islamic' group whose members 'must be punished'

A prominent Canadian imam intends to draw attention to what he calls the "un-Islamic" beliefs and actions of ISIS in light of the murder of a U.S. journalist. Imam Syed Soharwardy of Calgary plans a 48-hour hunger strike beginning Friday to create awareness about the terrorist group.

Soharwardy, founder of Muslims Against Terrorism and the Islamic Supreme Council of Canada, is condemning the beheading of journalist James Foley.

"I want to let everyone know that ISIS is not a part of Muslim community," said Soharwardy.

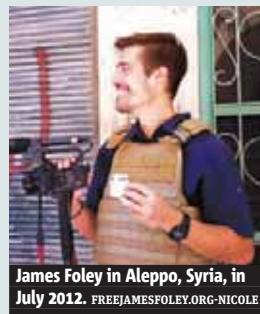
The imam says Foley's death and that of thousands of civilians in Syria and Iraq are "crimes against humanity." He predicts the violent activities of ISIS won't remain limited to the Middle East.

"They are actively working and recruiting Muslim youth in Canada," he said.

Last week, Foreign Affairs

## James Foley's death

### Agencies scramble to identify killer



James Foley in Aleppo, Syria, in July 2012. FREEJAMESFOLEY.ORG-NICOLE TUNG/THE ASSOCIATED PRESS FILE

The Islamic militant in a video showing the death of American journalist James Foley took great care to hide his identity, dressing head-to-toe in black, with a mask leaving only his eyes visible.

But police and intelligence services in Britain and the U.S. have many clues as they scramble to identify him, from image analysis and voice-recognition software to social media postings and testimony from former captives.

The Guardian newspaper quoted a former captive held by the Islamic State group in Raqqa, Syria, as saying he appeared to be one of several British militants — nicknamed "The Beatles" by hostages — charged with guarding prisoners.

said it had reports of a Canadian being killed in Iraq. But officials couldn't confirm it was Farah Mohamed Shirdon, a former Calgary man the CBC identified as having

Peter Neumann, director of the International Centre for the Study of Radicalization at King's College London, said most of the hundreds of Western militants in Syria have Facebook or Twitter accounts, on which they post pictures of themselves and give away other clues to their origins, such as a favourite soccer team.

Language experts say the masked killer sounds like a man in his 20s who was raised or educated in Britain. THE ASSOCIATED PRESS

gone to fight for Islamic State of Iraq and Syria. Soharwardy said he is worried that could inspire other youth to follow Shirdon's example. THE CANADIAN PRESS

# TRANSPARENCY OF CITY HALL

By Margaurite Zankunda

PETER HECHT would like to run for city council as the first Transgender candidate in Ottawa Carleton. As of October 27, 2014, his name will appear on voter's ballots for the up-coming council elections.



Peter Hecht

and recording plan programs for Indian Affairs in Edmonton, Alberta. He learned that youths here did not have access to proper programs or emphasis on developmental facilities where they could go and seek closure, love and care.

This experience sparked Mr. Hecht's idea to introduce transparency projects to Ottawa, such as more programs and shelters for troubled youth and better project management. In his words, "Tax payers should know where their money goes".

"I strongly believe in serving people for what they have elected us for; I also think Ottawa needs more transportation as our population is growing very fast". Mr. Hecht concluded.

Many readers may be aware or even familiar with Hecht's involvement in various management roles within departments in the city of Ottawa; such as National Parks, Indian Affairs and Correctional Services. However,

he prepared organization diagrams showing relation of all services and functions focusing on Justice, administration and facility management, whereby he prepared and trained staff in automation of facility's management. As a manager of consolidation he planned to move all support units from various facilities into the west memorial building.

Mr. Hecht conceived the idea for this venture when he was mapping

Prior to the regular services that Mr. Hecht introduced, local youth services have contacted him when they overflow; for instance when their youth shelters are full.

It's easy to see why Mr. Hecht has decided to run for city council. He insists that they focus on council's purpose and not the part they play in it. "He is just doing what makes sense....The community needs more services and transparency, I just want to help make a way for my fellow Ottawans."

Have your say by emailing Mr. Hecht  
[rk.more.city@gmail.com](mailto:rk.more.city@gmail.com)

## Not for us, we're Catholic. Ohio diocese bars schools from social media stunt

A Roman Catholic diocese in Ohio is discouraging its 113 schools from participating in the Ice Bucket Challenge to benefit the ALS Association, saying the group's funding of embryonic stem cell research is "in direct conflict with Catholic teaching."

The diocese said schools could participate, but money raised should be directed to groups such as the John Paul II Medical Research Institute in Iowa City, which conducts "pro-life driven" research, according to its website.

### Viral challenge

#### Bucket stops with U.S. president

Instead of pouring cold water over his head, U.S. President Barack Obama has poured it on the idea of becoming the highest-profile participant of the Ice Bucket Challenge.

**Catholic Church's stance**  
The Catholic Church relates the use of embryonic stem cells in research to abortion and says it violates the sanctity of human life. The use of adult stem cells in research is not forbidden by Catholic teaching.

A spokeswoman for the ALS Association said donors can ask that their money not pay for embryonic stem cell research. **THE ASSOCIATED PRESS**

Ethel Kennedy, the 86-year-old Kennedy family matriarch, tagged Obama to participate after recently soaking herself at her family's Massachusetts compound.

Obama participated financially by donating an undisclosed sum.

**THE ASSOCIATED PRESS**

# Lawyers pour cold water over envoys taking dare



Former U.S. president George W. Bush participates in the Ice Bucket Challenge with the help of his wife, Laura Bush, in Kennebunkport, Maine.

COURTESY GEORGE W. BUSH PRESIDENTIAL CENTER/THE ASSOCIATED PRESS

**Ice Bucket Challenge.**  
Memo reaches U.S. Ambassador to Israel too late to stop him from participating

The charity stunt has lured athletes, celebrities, politicians and rock stars and gone viral on the Internet, but don't look for U.S. diplomats to get in on the fun.

Lawyers at the State Department have banned American ambassadors and other high-profile foreign service

### Charity stunt

# \$100

The Ice Bucket Challenge involves people videotaping themselves as they dump cold water on their heads and post the clips on social media. This is followed by a dare to friends to do the same within 24 hours or donate US\$100 to ALS.

officers from participating in the Ice Bucket Challenge to raise money and awareness for Lou Gehrig's disease.

In a cable to all U.S. diplomatic missions, the lawyers say it runs afoul of federal ethics rules barring officials from using public office for private gain "no matter how worthy the cause."

However, the diplomatic cable complimented the ALS Association on the success of its Ice Bucket Challenge, which has raised more than \$40 million US and attracted a plethora of notable participants, including former U.S. president George W. Bush and television hosts Martha Stewart and Matt Lauer.

U.S. Ambassador to Israel Daniel Shapiro, who had already participated, had challenged U.S. Ambassador to the United Nations Samantha Power to douse herself with ice water for the cause. But by then, Power got the memo.

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## Liberia. Hundreds line up for rice in slum sealed off to stop spread of Ebola

Government officials handed out bags of rice and sachets of drinking water Thursday to residents of an impoverished slum in Liberia's capital where tens of thousands of people have been barricaded in an effort to stop the spread of Ebola.

International aid workers warned that more help was needed as the country battles not only the virulent disease but also hunger as travel restrictions have blocked food from getting to parts of the capital.

In West Point, hundreds of residents lined up to receive government provisions a day after authorities put up barbed-wire barricades and enforced a blockade of the area that kept market traders from entering or leaving.

Prices were skyrocketing inside the community on a peninsula, with the price of water quadrupling in a matter of days in the slums where there is no clean running water amid steamy temperatures.

"At the moment, West Point is stuck at a standstill and is in an anarchy situation," said Moses Browne, who works for aid group Plan Inter-

### Appeal for international aid

**"We need food, we need water. We're not fighting Ebola here, we are fighting hunger, too."**

Moses Browne, who works for aid group Plan International in Liberia

national in Liberia.

On Wednesday, residents of West Point clashed with police and soldiers hours after the neighbourhood was sealed off, furious that they were being blamed and cut off from markets and jobs. The situation calmed down on Thursday, though fears remain about how much food and water will be brought into the peninsula.

By afternoon, hundreds of anxious residents lined up at the food distribution point to await their rations. The World Food Program said it would also begin distributing food in the area in the coming days.

Liberia is being hit especially hard by the dreaded virus that has killed 1,350 people in West Africa, accounting for 576 of the deaths. **THE ASSOCIATED PRESS**



Liberia security forces dressed in riot gear, left, control a crowd of people in the West Point area, as the government clamps down on the movement of people to prevent the spread of Ebola in Monrovia on Wednesday.

ABDUL DULLEH/THE ASSOCIATED PRESS

# 2 aid workers recover from Ebola infection

**Atlanta.** But doctors don't know whether experimental drug helped or if patients improved on their own

Two American aid workers who were infected with the deadly Ebola virus in Africa have been discharged from an Atlanta hospital, where the scene Thursday was festive and celebratory — a stark contrast to the sterile atmosphere that marked their arrival nearly three weeks ago.

Dr. Kent Brantly, 33, and Nancy Writebol, 59, were infected while working at a missionary clinic in Liberia. They were given the experimental drug Zmapp and flown back to the United States for treatment. Brantly was released Thursday, and Writebol quietly walked out of the hospital's isolation unit two days earlier.

"Today is a miraculous day," Brantly said. He walked into a news conference holding hands with his wife, and a line of workers from Emory University Hospital paraded in and stood behind him.

Doctors and medical experts say it's not known whether the drug helped or



Ebola victim Dr. Kent Brantly stands with his wife, Amber, during a news conference after being released from Emory University Hospital, Thursday, in Atlanta. JOHN BAZEMORE/THE ASSOCIATED PRESS

### Death toll on the rise

The Ebola outbreak has killed more than 1,300 people across West Africa.

- The death toll is rising most quickly in Liberia, according to the World Health Organization. At least 2,473 people have been sickened in the region — more than the caseloads of all the previous two dozen Ebola outbreaks combined.

whether Brantly and Writebol improved on their own, as has happened to others who have survived the disease. The treatment is so novel that it hasn't been tested in people.

Ribner and the U.S. Centers for Disease Control and Prevention stressed that the Americans' release did not pose a public health risk. Generally patients do not relapse and are not contagious once they've recovered, Ribner said. Neither patient's blood showed evidence of Ebola, the CDC said in a statement. Ebola is spread only through direct contact with the bodily fluids of sick people experiencing symptoms. **THE ASSOCIATED PRESS**

**Pakistan**  
**Parliament rejects calls for premier to quit despite protests**

Pakistan's parliament on Thursday rejected calls for

Prime Minister Nawaz Sharif's resignation as unconstitutional despite massive anti-government protests just outside the assembly in the capital Islamabad.

The resolution, supported by nearly every opposition party, marked

a defeat for cricketer-turned-politician Imran Khan and popular cleric Tahir-ul-Qadri, who have led weeklong protests from the eastern city of Lahore to the gates of parliament calling for Sharif's ouster over alleged voting fraud.

The assembly rejected the protesters' demands for Sharif's resignation and the dissolution of parliament, vowing to "uphold the supremacy of the constitution" and the "sovereignty of the parliament."

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# Pick-and-pay on the way for TV delivery?

**CRTC.** More consumer choice, price cap for basic service among broad proposals offered up by regulator

Canada's broadcast regulator has issued broad new proposals that could dramatically alter how Canadians receive and pay for their television.

The proposals issued Thursday by the Canadian Radio-television and Telecommunications Commission include requiring cable and satellite providers to offer a basic service made up primarily of local Canadian channels.

The CRTC is also proposing a so-called pick-and-pay structure that would allow Canadians to choose individual channels, on top of a basic service.

And it suggests the price of that basic service could be capped at between \$20 and \$30 per month.

Industry Minister James Moore first indicated last October that he'd like to see more

choice for Canadian consumers.

The government then laid out its plans to overhaul the country's TV distribution system in its speech from the throne, which included a proposed "pick-and-pay" service structure.

But at least one consumer group says the CRTC hasn't gone far enough and should allow Canadians a "pure choice."

"What store do you walk into, or anywhere else, where you're told you've got to buy certain things before you can buy what you want?" said Bruce Cran, president of the Consumers' Association of Canada.

Consumers should be allowed to buy TV channels one at a time, without having to pay for a basic service, no matter how pared down, he said.

The CRTC stresses that it has not yet decided which options it will enforce, and is giving the public until Sept. 19 to offer comments on the proposals online.

A public hearing will also be held in Gatineau, Que., on Sept. 8. **THE CANADIAN PRESS**



## A not-so-sweet end for Twinkies' birthplace

A worker checks Hostess Twinkies as they move through production in their trays prior to cream injection at the Interstate Bakeries Corporation facility in April 2005 in Schiller Park, Ill., a suburb northwest of Chicago. Hostess Brands said on Wednesday it plans to close the suburban Chicago bakery where the Twinkie was invented in 1930, cutting 400 jobs and shuttering a piece of American baking history. According to the Chicago Sun-Times, Hostess Brands CEO Bill Toler said the company is closing the plant in October as it tries to improve efficiency. The bakery had just reopened a little over a year ago as Twinkies returned to store shelves after Hostess filed for bankruptcy in 2012. **TIM BOYLE/GETTY IMAGES**

### Music to their ears

#### SoundCloud to pay artists' share of ad revenue

SoundCloud says it will start paying artists and record firms whose music is played on the popular streaming site.

The move coincides with the introduction of ads, the revenue from which will be shared with musicians and rights holders. Berlin-based SoundCloud boasts some 175 million unique listeners a month. **THE ASSOCIATED PRESS**

### Not just ebooks anymore

#### Things get physical for Amazon in Brazil

Online retailer Amazon has started selling physical books in Brazil, two years after it began selling books in digital format in Latin America's biggest country.

In a statement posted on the company's website, CEO Jeff Bezos says Amazon's new service will offer more than 150,000 titles in Portuguese starting Thursday. **THE ASSOCIATED PRESS**

### Market Minute

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91.37¢ (+0.22¢)

**TSX**  
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**OIL**  
\$93.96 US (+0.51)

**GOLD**  
\$1,275.40 US (-\$19.80)

**Natural gas:** \$3.87 US (-\$0.01)  
**Dow Jones:** 17,039.49 (+60.36)

## Airline wars. United bets on top flyers' appetite for hot meals

To win the hearts of frequent business travellers, United Airlines is going through their stomachs.

The carrier has been looking for ways to woo back some of its top flyers who defected to other carriers following a rocky merger with Continental Airlines. So, it's upgrading first-class food options and replacing snacks with full meals on some of its shortest flights.

The changes, announced Thursday, mean that instead of potato chips, chocolate chip cookies and bananas, passengers on flights of at least 800 miles will get meals such as chicken and mozzarella on a tomato focaccia roll, or turkey and Swiss cheese on a cranberry baguette. Currently, meals are only served on flights of 900 miles or more — trips that usually last close to two hours.

Passengers on 13 extra routes, such as Houston-to-Des Moines, Iowa, will be getting full meal service starting in February.

The move comes as American Airlines goes the other way, eliminating hot meals on most flights less than 1,000 miles starting Sept. 1. The change — which upset many frequent flyers — is part of American's merger with US Airways.

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Pg. 293  
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# BITE INTO THIS WEEK'S LISTICLE

**1 Piece of Cake.** Rumer Willis, daughter of Bruce and Demi, posted an Instagram picture of the gun-shaped birthday cake mom got her for 26th. It read 'Happy birthday Rumer ... Bang Bang,' referencing her role in the Tarantino-inspired stage musical *For the Record*, where she sings Cher's Bang, Bang (My Baby Shot Me Down). Some condemned the image but I think the message would have been far more inappropriate on just a regular cake.

**2 Out of bounds.** Not only were the last two top NBA draftees both from Canada, but Anthony Bennett and Andrew Wiggins were both chosen by the Cavaliers, perennial bottom-dwellers since LeBron James took his "talents to South Beach." Now that James has returned, the Canucks are heading to a subpar Minnesota Timberwolves team in exchange for superstar Kevin Love. The only reason they're not angry is, well,



THE METRO LIST  
**Mike Benham**

metronews.ca

they're Canadian.

**3 Word up.** After extensive research, Oxford Dictionary unveiled this year's freshman class of terms to be legitimized in the English language. Because once a slang phrase infiltrates popular culture, we've no choice but to embrace it. So you are now reading a "listicle" (list/article) containing "new" vocabulary such as: hot mess, YOLO, cray, side-boob, and the one everyone's using at the office, Amazeballs! Remember when reading a dictionary made you smarter?

**4 No country for ol' Taylor.** Taylor Swift surprised everyone by launching her new album, 1989, this week. Apparently, the revelation that the singer-songwriter, whose job is to make music, was for two years secretly making music, left fans stunned. The new single Shake It Off is not country but pure, unapologetic pop, and characteristically catchy. Swift has endured all the criticism and mockery (some of it

from me) that comes with being artistically transparent, only to emerge as a woman who refuses to be defeated. So, I concede. I am now officially a "Swiftie."

**5 Cold play.** Earlier this year, I reserved comment on Gwyneth Paltrow's breakup from musician Chris Martin because, frankly, I didn't care. But I did enjoy how they circumvented the word "divorce" by calling it a "conscious un-coupling". So much easier for the kids. But now, just months later, Martin is reported to be seeing Hunger Games star Jennifer Lawrence. The two are believed to be consciously coupling like crazy. Gwyneth, I'm here for you. And I'm conscious.

**6 Pour it on.** This week's best trend was #IceBucketChallenge. What began as a campaign to raise awareness for Amyotrophic Lateral Sclerosis (ALS), a.k.a. Lou Gehrig's disease, became social media's cause du jour. Some denounced the challenge as gimmicky but it has enhanced public consciousness of a devastating illness and raised over \$20 million at last count, so perhaps it's time everyone had an ice-cold awakening.

## All creatures great and small



### METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on pages 17 and 23 in Scene and page 26 in Sports



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### MetroLube

## Slippery squirrel no match for the power of Vaseline



ANDREW FIFIELD

andrew.fifield@metronews.ca

A great man once said, "Nature finds a way." Granted, he was talking about theme-park dinosaurs resurrected by DNA magic, but there's no reason Jurassic Park rules can't apply to our own backyards. That adage brings us to this scrappy squirrel with a taste for ill-gained birdseed that a garden full of vegetables just won't satisfy, and a pole greased with Vaseline that isn't going to stop nature — except that it totally does. (YouTube/Robert Krampf)



SCREENGRAB

## From baby crocs to giant snails, everyone gets a weigh-in at the London Zoo

Silverback gorillas, rare baby crocodiles and giant snails were just a handful of the animals weighed and measured at ZSL London Zoo's big weigh-in 2014.

Ellish the female giraffe is the zoo's heaviest animal,

### Just right

"We can check that our animals are not underweight, that they're not overweight and we can just ensure the animals are in the best — very, very best — of health."

David Field, zoological director

weighing in at just under a tonne.

David Field, zoological director for the London Zoo, said that they are trying to ensure the best welfare for the animals.

The data collected by the zoo is sent to a zoological information management system called ZiMS, where zoos across the world share such information, Field said.

As well as indicating an animal's overall well-being, regular weight checks and waist measurements can also help keepers detect pregnancies of endangered species.

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# A rom-com based in reality

Reel Guys

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Daniel Radcliffe and Zoe Kazan star in *The F Word*. CONTRIBUTED

## The F Word.

Daniel Radcliffe and Zoe Kazan manage to create a sweet and relatable chemistry without getting too saccharine

**Richard:** Mark, enchanting, whimsical and sweet are words I could use to describe *The F Word*, and the film earns each and every one, but it is also more than that.

Director Michael Dowse doesn't allow the tone to get sugary and slip into saccharine mode.

He's aided by a smart and funny script by Elan Mastai,

but it's Radcliffe and Kazan that drew me in.

The pair has chemistry to burn and their conversations have a ring of truth that don't feel contrived or rom-commy.

**Mark:** Richard. This is an incredibly sweet-hearted movie that will do nothing to alleviate the problems in the Middle East.

Nevertheless, the movie is about 25 per cent more realistic than most rom-coms and I was so grateful for that.

But I've never seen a movie where the characters were so polite to one another; no wonder they set it in Toronto.

**RC:** It's more realistic than

most rom-coms, with some real romance and some actual laughs.

The once proud romantic comedy genre had been suffering from a bad case of the Katherine Heigls, but movies like this and *500 Days of Summer* and *Warm Bodies* are persuasive attempts to reclaim the rom com from the Barrymore Method® and bring back the golden years when Harry could still meet Sally without all the annoying Heiglisms in between.

That it makes Toronto and Canada look sexy and romantic is just an added bonus.

**MB:** I was also grateful for the indie score and the way the characters looked a little

mussed, with some visible pores and an occasional zit, even if they all sported impossibly cute and expensive eyewear.

Toronto does look sexy — although not dangerously sexy — but for a city that trumpets its multiculturalism, the cast and tone were lily-white. The lead was actually British!

Speaking of the lead, I liked Radcliffe in the role. You, Richard?

**RC:** I did. I thought he and Kazan made a cute couple.

There's more to Radcliffe than wizardry and battling "He-Who-Must-Not-Be-Named."

Breaking free of Harry Potter must have seemed daunting for the young actor, but

## Synopsis

Called What If in the United States where *The F Word* title was seen as too salacious (in the movie the "F" stands for friend), this is the story of Wallace (Daniel Radcliffe), a loser in love who meets Chandy (Zoe Kazan), the girl of his dreams, at a party. She's charming, pretty, funny and has a live-in boyfriend. Like Harry and Sally before them, they must discover if men and women can just be friends.

• **Richard:** •••••

• **Mark:** •••••

## AUGMENTED REALITY

Scan this photo with your Metro News app and check out the Can-con scenery in *The F Word*.



→ See the full instructions on Metro's Voices page.

he has proven in movies like this and *Kill Your Darlings* and *The Woman in Black* that he is versatile and won't be typecast.

I'm curious to see what he does next.

**MB:** I heard he was doing Vladimir in *Waiting for Godot* on Broadway, dressed as Osama Bin Laden.

Personally, I think he's too short for the role.

2  
SCENE

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# A morbid take on the depth of a mother's love

## **Life After Beth.**

Molly Shannon plays a mom thrilled to have a second chance with her undead daughter

CHRIS  
ALEXANDER  
scene@metronews.ca

Poor Zach. Minutes after his girlfriend Beth (Aubrey Plaza) kicks him to the curb, an accident befalls her and she dies. Unable to reconcile this loss, Zach (The Amazing Spider-Man 2's Dane DeHaan) begins hanging around Beth's parents' home, if for no other reason than to still feel as though he's part of her world. Things get extra complicated when Zach discovers Beth is not dead after all. Or rather, she's undead — a zombie. And though her parents are fully aware of their daughter's ghoulish condition, neither they nor Zach want their second chance spoiled, even when Beth begins to get... hungry.

Life After Beth is an amusing new comedy that also functions as an effective horror film, with its dark subtext of just how irrational grief can push us to extremes, never allowing the laughs to overtake it. That grief turned into blind hope is essayed perfectly by Beth's mother, played by former SNL stock player Molly Shannon, with her patented toothy smile barely concealing the broken matriarch beneath.

"She's overjoyed," the veteran actress says of the emotionally battered Mrs. Slocum.

"I mean, who would ask



John C. Reilly and Molly Shannon are the parents of the undead Beth in Life After Beth, opening Sept. 5. CONTRIBUTED

### Quoted

**"We did it realistically and it was up to me to look for the truth in the character."**

Molly Shannon on playing the emotionally battered matriarch in Life After Beth

questions when their baby comes back. All the pictures you never took, the things you never said, it's a miracle and she knows it. So that's how we played it. We did it realistically and it was up to me to look for the truth in the character."

Playing Shannon's husband is none other than John C. Reilly, an actor whose crinkled face and permanent bed-head cues hilarity in myriad films like Walk Hard, The Prairie Home Companion and Step

Brothers. And as Shannon explains, if it wasn't for Reilly, she wouldn't have had the chance to do what is, in essence, some of the best work of her career.

"John and I have been friends for years," says Shannon. "We met on Never Been Kissed and instantly made a connection. He's one of the funniest storytellers I've ever met and we just get along great. It was John who recommended me to the producers. We met for dinner and he was raving

to me about the script, going off about how great it was. So he made it happen and we had such a good time making the film. It was like an arts camp."

Fun it may have been to make and fun it is to watch. But again, no matter how many absurdist laughs blast from the screen, Life After Beth is first and foremost a zombie film and an effective one at that. But when pressed as to why films of this kind continue to be popular, Shannon is somewhat in the dark.

"Oh my, I don't really know why people like zombies. All I do know is that I really, really hate death. It sucks. And you always hope that you might go on after you die. Maybe that has something to do with it?"

## **Are You Here. Mad Men creator tries directing**

Mad Men creator Matthew Weiner was able to wrest only 33 days to shoot his long-gestating directorial debut, Are You Here, so it helped that he had a trusted team to lean on.

The nine-time Emmy Award winner ported over practically the entire crew from his beloved moody period piece, working with Mad Men's cinematographer, editor, casting team, production designer, composer and hair and makeup departments.

Getting the band back together helped turn "what could have been a scary experience" into an "adventure," said Weiner. But even with a similar team behind the camera, Weiner was hesitant to guess whether the exacting fans of his decorated TV drama would find something to love in his earnest debut film.

"It's hard for me to know," said Weiner during last September's Toronto International Film Festival. "Obviously I cherish the fact that I have a devoted audience on the show and that there is an expectation of anything from me — and the fans are quite protective and opinionated about the show."

"I do think that people who enjoy Mad Men for the fact that it's layered and for the fact that it doesn't judge the characters and that there's some depth to it and some honesty about how people behave — they will find something in the movie that's very similar. It stands up to multiple viewings. And I think it just doesn't have a lot of judgment. (The characters) are four very flawed people and they're doing the best that they can, and you kind of realize that by the end of the movie, which is tragedy and it's poignant and it's beautiful. And that's really what I'm shooting for on the show."

Still, the shared creative



Matthew Weiner  
THE CANADIAN PRESS

DNA between the two projects doesn't translate into many surface-level similarities. For one thing, Are You Here — opening in Canada both theatrically and on video-on-demand this Friday — is firmly contemporary, a buddy-drama centring on self-centred weatherman Steve Dallas (Owen Wilson) and his bipolar stoner best bud Ben Baker (Zach Galifianakis).

When Ben's father dies, the odd couple venture home to his family ranch to spar over the inheritance with Ben's pragmatic sister, played by Amy Poehler.

Ultimately, Weiner says this is a story about a character who needs to get off drugs (the perpetually faded Steve) and a character who needs to get on them (manic Ben).

Weiner has rapturous praise for his cast. He was long a fan of Wilson's knack for "guileless likable characters" and praises his "light comic touch," but wanted to challenge the glib character type Wilson usually portrays. He was "blown away" by Poehler, and Galifianakis brought a "huge ego" and "imperiousness" to his character that are, of course, completely absent in his real personality.

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**Bytowne Cinema  
325 Rideau St.**

The Case Against 8 (PG) Fri 4:30 Sat 9:05 Sun 8:05 The Grand Seduction (PG) Tue-Wed 4:30 Thu 8:59 Land Ho! (14A) Fri 6:59 Sat 4:50 Sun 6:01 Tue 8:55 Wed 6:55 Thu 4:50-6:55 Royal Opera House - Tosca (STC) Sun 3:01 Mon 7:30 UVanga (14A) Fri 9:10 Sat 2:45-6:59 Sun 1:10 Mon 5:30 Tue 6:55 Wed-Thu 8:59

**Canadian Film Institute  
2 Daly Ave., Suite 120**

Back to God's Country (STC) Tue 8 No Films Showing Today (STC) Fri-Mon Wed-Thu

**Coliseum Ottawa  
3090 Cartling Ave.**

Dawn of the Planet of the Apes (PG) Fri 12:50-4-7:45 Sat-Sun 4:7-9:45 Mon-Fri 12:50-4-7:45 The Expendables 3 (PG) Fri-Thu 1:30-4:30-7:40-10:35 Frank Miller's Sin City: A Dame to Kill For 3D (18A) Fri-Thu 12:30-3:55-6:55-10:45 The Giver (PG) Fri-Thu 1:10-3:25-5:50-8:15-10:40 The Goonies (PG) Sun 12:45 Wed 7:30 Guardians of the Galaxy (PG) Fri-Thu 1:50 Guardians of the Galaxy 3D (PG) Fri-Thu 4:40-7:30-10:20 The Hundred-Foot Journey (PG) Fri-Wed 1:35-4:25-7:20-10:10 Thu 4:25-7:20-10:10 Star & Strollers Screening Thu 1 If I Stay (PG) Fri-Thu 1:45-4:20-7:10-9:50 Into the Storm (PG) Fri-Tue 3:30-5:40-8:05-10:25 Wed 3:10-5:20-10:25 Thu 3:30-5:40-8:05-10:25 Let's Be Cops (14A) Fri-Thu 2-4:35-7:25-9:55 Lucy (14A) Fri-Thu 1:40-3:50-6:40-9:30 Planes: Fire & Rescue (G) Fri-Thu 1:15 Singhram Returns (STC) Fri-Thu 12:35-3:40-6:50-10:40 SlugTerra: Return of the Elementals (PG) Sat 12:55 Teenage Mutant Ninja Turtles (PG) Fri-Thu 12:40 Teenage Mutant Ninja Turtles 3D (PG) Fri-Thu 3:05-5:30-8:10-10:30

**Mayfair Theatre  
1074 Bank St**

Boyhood (14A) Fri 8:30 Sat 8:15 Mon-Tue 3:30-9 Wed-Thu 6:15 Magic in the Moonlight (PG) Fri 4-6:15 Sat 6 Sun 6:30 Mon-Tue 6:45 Wed-Thu 4 Maleficent (PG) Sat 1:30-3:45 Sun 3:30 The Room (STC) Sat 11:30 The Texas Chain Saw Massacre (R) Fri 11:45 Sun 8:45 Wed-Thu 9:30

**Rainbow Cinemas  
St. Laurent Centre,  
1200 St. Laurent Blvd.**

22 Jump Street (14A) Fri-Thu 10:30-5:9:20 The Fault in Our Stars (PG) Fri-Thu 10:15-1:3:45-6:30-9:05 The Grand Seduction (PG) Fri-Thu 12:10-6:50-9:15 How to Train Your Dragon 2 (PG) Fri-Thu

10:20-12:30-2:40-4:50-7:9:10

Magic in the Moonlight (PG) Fri-Thu 12:45-2:55-7:20 Maleficent (PG) Fri-Thu 10-12:05-4:45-6:50 Mr. Peabody & Sherman (G) Fri-Thu 10:05-2:35-4:45 X-Men: Days of Future Past (PG) Fri-Thu 2:05-9

**South Keys  
2214 Bank St.**

Dawn of the Planet of the Apes (PG) Fri-Tue 10:50-2:10-5:15-8:15 Wed 2:30-5:15-8:15 Thu 10:50-2:10-5:15-8:15

Doctor Who: Deep Breath (STC) Mon 7:30 Epic (PG) Sat 11 Wed 12:30 The Expendables 3 (PG) Fri-Thu 10:25-1:15-4:05-7:05-9:55

The F Word (14A) Fri-Thu 11-1:35-4:15-7:9:30

Frank Miller's Sin City: A Dame to Kill For 3D (18A) Fri-Thu 12-2:30-5:7-10:15 The Giver (PG) Fri-Thu 10:20-12:40-3-5:20-7:45-10:10

Guardians of the Galaxy (PG) Fri-Thu 10:35-1:30

Guardians of the Galaxy 3D (PG) Fri-Thu 4:25-7:15-10:05

The Hundred-Foot Journey (PG) Fri-Thu 10:40-1:25-4:10-6:55-9:45

If I Stay (PG) Fri-Thu 11:10-1:45-4:20-7:10-9:40 Into the Storm (PG) Fri 11:20-1:40-4:45-9:10 Sat 4:45-9:10 Sun 11:20-1:40-4:45-9:10 Mon 11:20-1:40-4:45-9:10 Tue 11:20-1:40-4:45-9:10

The Giver (G) Fri 1-3:20-5:40-8-10:30 Sat 11:20-1-3:20-5:40-8-10:30 Sun 1:320-5:40-9:50 Sat 2-4:35-7:20-9:50 Sun-Thu 11:30-2-4:35-7:20-9:50 Lucy (14A) Fri-Thu 10:30-12:45-3:05-5:25-7:50-10:10

SlugTerra: Return of the Elementals (PG) Sat 12:55

Cinéma des Galeries d'Aylmer  
400 boul. Wilfrid-Lavigne

1987 (G) Fri-Thu 12:50-6:50 The Expendables 3 (13+) Fri-Thu 12:40-3:20-6:40-9:20

Frank Miller's Sin City: A Dame to Kill For 3D (16+) Fri-Thu 1:10-3:30-7:10-9:30

Guardians of the Galaxy 3D (G) Fri-Thu 1:30-7:9:30

Teenage Mutant Ninja Turtles (G) Fri-Thu 3:10-9:10

**Gatineau 9  
120 boul. de l'Hôpital**

1987 (G) Fri-Thu 1:20-4-7:10-9:40

Les avions: les pompiers du ciel (G) Fri-Thu 1:05 Dansez dans les rues 5 3D (G) Fri-Thu 3:45-7:25-9:50

Frank Miller's Sin City : J'ai tué pour elle (16+) Fri-Thu 1-3:30-7:20-9:45

Qu'est-ce qu'on a fait au Bon Dieu? (G) Fri-Thu 12:50-3:10-7:9:15

Les sacrifices 3 (13+) Fri-Thu 12:40-3:25-6:45-9:25

Si je reste (G) Fri 11-1:15-3:50-7:05-9:30 Sat-Thu 1:15-3:50-7:05-9:30 Soyons flics (13+) Fri-Thu 1:10-3:40-7:15-9:35 Les tortues Ninja (G) Fri-Thu 3:05-9:30 Les tortues Ninja 3D (G) Fri-Thu 12:45-6:30 Yves Saint Laurent (13+) Fri-Thu 12:30-3-6:50-9:20

**StarCité Hull****115 boul. du Plateau**

1987 (G) Fri-Sun 1-3:55-6:50-9:40 Mon 2:25-5-7:35-10:10 Tue 1-3:55-6:50-9:40 Wed 12:15-3:55-6:50-9:40 Thu 4:15-7:9:50

Thi 1:15 Les avions: les pompiers du ciel (G) Fri-Thu 12:40 Sat 11:15-12:40 Sun 12:40 Mon 1:15 Tue 12:40

Dansez dans les rues 5 3D (G) Fri-Thu 1:50-4:30-7:15-10:10

Epic (G) Sat 11 Wed 12:15

The Expendables 3 (13+) Fri-Sun 1:30-4:30-7:30-10:30 Mon 1:30-4:20-7:20-10:15

The Expendables 3 (PG) Fri-Sun 12-2:30-5:05-7:40-10:15

Planes: Fire & Rescue (G) Fri-Thu 12:45-10:10

Step Up: All In 3D (PG) Fri-Sat 2:30-7:50

Sun 7:50 Mon 2:30 Tue 2:30-7:50 Thu 2:30-7:50

Teenage Mutant Ninja Turtles (PG) Fri 2-2:50-5:25-8:20-10:45

The November Man (14A) Wed 1:20-2:45-7:20-10:10

Guardians of the Galaxy (PG) Fri-Thu 1:30-4:30-7:30-10:30

Guardians of the Galaxy 3D (PG) Fri-Thu 1:30-4:30-7:30-10:30

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Sun 3-5:30-8-10:30 Mon 2:55-5-15-7:30-10 Tue 3-5:30-8-10:30 Wed 12:25-2:55-5-15-7:30-10

Les tortues Ninja (G) Fri-Sun 12:20 Tue 12:20

Les tortues Ninja 3D (G) Fri-Tue 2:45-5-10:10

When the Game Stands Tall (STC) Fri-Thu 1:40-4:30-7:20-10:10

Épique (G) Sat 11 Wed 12:15

**Barrhaven Cinemas****131 Riocan Dr.**

Epic (PG) Sat 11 Wed 12:15

The Expendables 3 (PG) Fri-Thu 1-4-7-10

Frank Miller's Sin City: A Dame to Kill For 3D (18A) Fri-Sun 12-2:30-5:05-7:40-10:15

Mon 2:30-5:05-7:40-10:15 Tue 12:20-2:30-5:05-7:40-10:15

Step Up: All In 3D (PG) Fri-Sat 2:30-7:50

Sun 7:50 Mon 2:30 Tue 2:30-7:50 Thu 2:30-7:50

Teenage Mutant Ninja Turtles (PG) Fri 2-2:50-5:25-8:20-10:45

The November Man (14A) Wed 1:20-2:45-7:20-10:10

Guardians of the Galaxy (PG) Fri-Thu 1:30-4:30-7:30-10:30

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Guardians of the Galaxy (14A) Fri 1:30-4:30-7:30-10:30

Guardians of the Galaxy 3D (18+) Fri-Sun 1:30-4:30-7:30-10:30

Experience (PG) Fri 2:05-4:55-7:45-10:35

Sat 11:15-2:05-4:55-7:45-10:35

Hercules 3D (PG) Fri 5:15-10:30 Sun 12-5:15-10:30

The Hundred-Foot Journey (PG) Fri-Thu 12:45-3:40-6:35-9:30

If I Stay (PG) Fri 2:10-4:45-7:20-9:55

Sat 11:35-2:10-4:45-7:20-9:55

Tue 2:10-4:45-7:20-9:55

Into the Storm (PG) Fri-Tue 8-10:25

Let's Be Cops (14A) Fri 1:55-4:40-7:25-10:10

Sun 11:55-1:15-4:40-7:25-10:10

Tue 2:10-4:45-7:25-10:10

When the Game Stands Tall (STC) Fri-Thu 1:40-4:30-7:20-10:10

Épique (G) Sat 11 Wed 12:15

Fri-Thu 9:45 Doctor Who: Series 8 Episode 1, Deep Breath (STC) Mon 7:30

The Expendables 3 (PG) Fri 11:50-1:15-2:50-4:25-6:7-25-9-10:25

Fri 2:50-4:25-6-7-25-9-10:25

The F Word (14A) Fri-Thu 11:05-1:15-2:50-4:25-6:7-25-9-10:25

Fri 2:50-4:25-6:7-25-9-10:25

Frank Miller's Sin City: A Dame to Kill For (18A) Fri-Thu 1:05-3:40-6:20-9

Frank Miller's Sin City: A Dame to Kill For 3D (18A) Fri-Sat 11:20-2-4:45 Sun-Mon 11:20-2:45-6:7-25-7-20-10:10

Fri 2:50-4:25-6:7-25-7-20-10:10

Sat 11:20-2:45-6:7-25-7-20-10:10

Tue 2:50-4:25-6:7-25-7-20-10:10

Wed 2:50-4:25-6:7-25-7-20-10:10

Thu 2:50-4:25-6:7-25-7-20-10:10

Fri 2:50-4:25-6:7-25-7-20-10:10

Sat 11:20-2:45-6:7-25-7-20-10:10

Tue 2:50-4:25-6:7-25-7-20-10:10

Wed 2:50-4:25-6:7-25-7-20-10:10

Thu 2:50-4:25-6:7-25-7-20-10:10

Fri 2:50-4:25-6:7-25-7-20-10:10

Sat 11:20-2:45-6:7-25-7-20-10:10

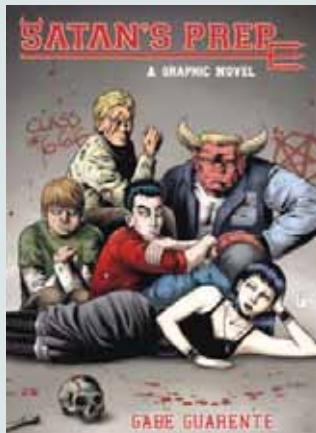
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Thu 2:50-4:25-6:7-25-7-20-10:10

## Satan's Prep by Gabe Guarante, illustrated by Dave Fox

High school is hell for a lot of people, but for 17-year-old Trevor it is literally hell. He has to get at least a D to be transferred from this holding place for lost souls to Purgatory. Any teen who finds school less than desirable (so ... most?) will enjoy the cast of characters, gallows humour and carefully crafted illustrations in this newly released book.

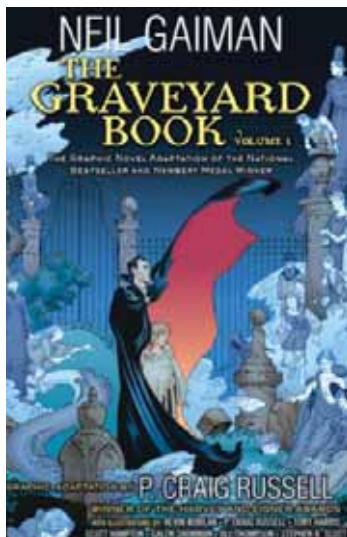


# The Graveyard Book: Volume 1

## by Neil Gaiman, graphic adaptation by P. Craig Russell

The Graveyard Book is already an award-winning No. 1 New York Times bestseller, but this graphic novel adaptation

adaptation introduces the story to teens who might not normally have picked up the original. Through witty language and skillful, colourful art, the book tells the story of a boy living in a graveyard and being raised by beings who are neither living nor dead.



# Graphic impact

Last month, the Statistic Brain published a study on how much people are reading. Turns out, they're not reading much at all. Eighty per cent of people in the U.S. haven't bought a book in the past 12 months, and 42 per cent of high school graduates will never read another book after they graduate. But graphic novels seem to be a bright light amidst all the gloom. We round up the best new releases.

**BY EMILY LAURENCE**  
Metro in New York City

## Can't We Talk About Something More Pleasant? by Roz Chast

The New Yorker cartoonist released this book, her memoir, in graphic novel form, largely focusing on her aging parents' last days. Like the cartoons she is famous for, it's both humorous and quite sad. Chast succeeds in taking a complicated issue almost everyone will go through and making it deeply personal and relatable.



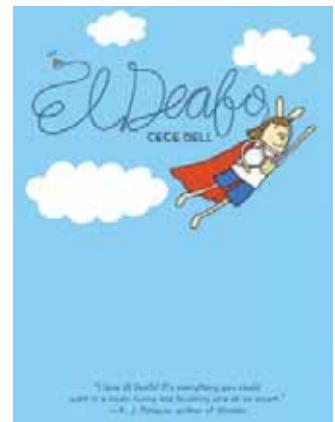
Can't we talk about something more PLEASANT?



El Deafo by Cece Bell

Out next month (Sept. 2), El Deafo is the author and illustrator's true story of her experience living with a hearing impairment while also dealing with being the new kid at school.

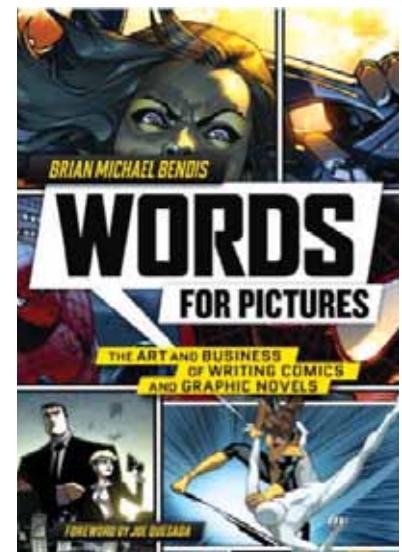
Even when going through the ups and downs of getting a new hearing aid, Cece is more focused on what any kid at that age wants: finding friends and being accepted. This book is aimed at middle schoolers but its poignant story is one people of all ages will enjoy and can learn from.



"I have 20 Davidoff's something goes around  
about 10-12 hours during that time and we account."  
—R. J. Wilson, author of *Blowin'*

# Words for Pictures by Brian Michael Bendis

The image shows the front cover of the book 'Words for Pictures' by Brian Michael Bendis. The title is prominently displayed in large, bold, black letters at the top. Below the title, a subtitle reads 'THE ART AND BUSINESS OF WRITING COMICS AND GRAPHIC NOVELS'. The cover features several panels from comic books, including a close-up of a woman's face, a superhero in flight, and a man in a suit. The artist's name, 'BRIAN MICHAEL BENDIS', is printed in yellow across the middle of the title area.



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# Orange is still black, but is it comedy?

## Emmy out of water.

Loose rules have allowed dramatic shows to switch categories this year

If it walks like a drama and talks like a drama but calls itself a comedy, that's just fine with the Emmy Awards.

But the audience for Monday's ceremony (8 p.m. EDT, NBC) may be confused when, say, the Netflix women's prison saga *Orange Is the New Black* pops up as a nominee for best comedy series.

"The Emmys are being loosey-goosey about category placement," said Tom O'Neil, author of *The Emmys* reference book and organizer of the Gold Derby website.

The tactic isn't frivolous. Shows are angling to better their odds of winning TV's top honour, which can bring prestige and more viewers.

Emmy bragging rights are another matter. With the explosion of cable and online content, traditional broadcast net-



Host Seth Meyers plans to have fun with the fact that cable and online shows are outperforming networks. THE ASSOCIATED PRESS

works are finding themselves shut out or lightly represented in major categories, including best drama and comedy series.

NBC late-night host and ceremony host Seth Meyers is ready to take advantage of broadcast-

ing's plight.

"That's a thing that I think everyone in the audience will be aware of, and being someone who's on a broadcast network makes it a lot more fun to make jokes about than if I were

someone on the cable side lording it over everyone," he said, chuckling.

The decision by *Orange* to compete as a comedy despite its bleak setting puts pressure on four-time best-comedy winner

## Changing channels

**"Being someone who's on a broadcast network makes it a lot more fun to make jokes than if I were on the cable side lording it over everyone."**

Seth Meyers, Emmy Awards host

On the growing dominance of cable and online shows over traditional networks

*Modern Family*. The ABC series — vying for a record-tying fifth win (with *Frasier*) against a buzzy Internet newcomer — may look a lot less modern to Emmy voters.

Another apparent fish-out-of-water is Showtime's dysfunctional family series *Shameless*. After coming up empty as a drama contender, it jumped to the comedy pool. Other comedy contenders are *The Big Bang Theory*, *Louie*, *Silicon Valley* and *Veep*.

Shifting categories isn't unprecedented. In the 1950s, *Father Knows Best* moved between comedy and drama and captured trophies in each, and *Moonlighting* did the same in the 1980s, O'Neil said. The academy tightened the rules in 2009, but obviously didn't make them ironclad.

HBO's *True Detective* is unmistakably a drama, but one with miniseries trappings: a close-ended story and two movie-star leads (Matthew McConaughey, Woody Harrelson) committed to just one season.

Because of a TV academy rule involving the show's Writers Guild of America credit, however, it was eligible to compete as a series.

If *True Detective* nabs the top drama trophy, it would deny *Breaking Bad* a farewell hug for its final season. A McConaughey victory as best drama actor also would keep Bryan Cranston from tying Dennis Franz's record of four wins in the category.

Others competing for the best drama trophy are *Game of Thrones*, *Downton Abbey*, *House of Cards* and *Mad Men*.

THE ASSOCIATED PRESS

You never forget  
your first...  
*Taste!*



RIDEAU CENTRE



Now open

## An inspiration. Black trans woman from Alabama is 'what USA is about'

Laverne Cox realizes she is having a winning moment as a transgender actor in entertainment — including an Emmy nomination — and she hopes her story will continue to inspire others.

"It gives me hope that anything is possible. I'm a black trans woman from Alabama raised by a single mother from a working class background. And I think, in a lot of ways, my story is what this country is about and should be about," Cox said.

"There's a lot of strife going on in the world right now, particularly (for) the folks in Ferguson, Missouri — sending love to them — that I think we need a sense of hope and possibility. We need a lot of love and I hope my story inspires people."

Cox is one of the stars of Netflix's *Orange Is the New Black*, which recently debuted its second season.

The breakthrough show received 12 Emmy nominations, including outstanding comedy series.

The series won three honours at the creative arts Emmy ceremony last week, including best guest actress in a comedy series for Uzo Aduba, who beat Cox.



Laverne Cox says her success as a transgender actor on *Orange Is the New Black* gives her hope that anything is possible. THE ASSOCIATED PRESS

Cox is currently filming the prison show's third season, and revealed that the plot about women behind bars thickens.

"I can't tell you who I had scenes with ... (but) the scene we shot today was juicy. I was like, 'Oh my God.' Stuff goes down," she said.

"I'm so excited about this show and, like, these women are killing it. I finished my scene and I waited and watched the monitor like,

"Oh! Oh! Werk!"

Cox said she will also have a role on the upcoming Bravo series *Girlfriend's Guide to Divorce*, which premieres Dec. 2.

The former reality star said she's been getting more calls since the success of *Orange*.

"There's some things on the horizon," she said. "There have been some wonderful offers."

THE ASSOCIATED PRESS

# 3 songs for the weekend

Sound Check

ALAN CROSS

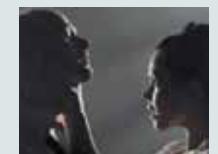


An homage to Pan, a well-named band and, er, a trio of Japanese schoolgirls singing extreme metal.



## Gimme Chocolate/ Babymetal

If you haven't yet been infected with Babymetal, then it's time you got with the program: three young Japanese schoolgirls dancing and singing some very extreme metal.



## Rezlord/ Cairo Knife Fight

Much respect for the name; that's one of the best of the year so far. Second, this New Zealand duo may have you thinking about Alice in Chains, just a bit.



## No Harm/ Tara Rice

I quote: "A celebration of Pan and all of the things he symbolized before ... the propaganda machine turned him into the devil. ... love, music, free will, knowledge, dancing, sex and all the good stuff."

Mind the App

## Typing with Tom



### MIND THE APP

Kris Abel  
@RealKrisAbel  
scene@metronews.ca

Hanx Writer  
iPad  
Free

Actor Tom Hanks is the quirky mind behind this app that turns your iPad into a selection of manual typewriters, complete with classic fonts, mechanical sounds, and a "proper" delete key.



Video game review

Name. Hohokum

For. PS4/PS3/PS Vita

Rated. Everyone 10+



This deliriously psychedelic, pop art experience is indeed a game, but you'll need to relax and explore its abstract worlds just to find the puzzles. It reminds me of The Beatles' Yellow Submarine, with its vibrant worlds, strange machines, and multicoloured people. As a painted snake, you glide, give rides, and explore, and try to figure out what's going on. Things grow, bloom, flood, and explode to a joyous groove. It's an animated masterpiece, but its ethereal confusion will either delight you or frustrate you. **KRIS ABEL**



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Justin Bieber GETTY IMAGES

## Party at Bieber's house! No, not that one. The other one

OK, yes, Justin Bieber did in fact rent a sprawling, 16,000-square-foot Hollywood Hills mansion with its own nightclub built into it — and goes for \$29,000 a month — but he's not actually going to live there. Instead, Bieber "is only using the Hollywood Hills rental to throw parties," according to Radar Online. "After Justin's house was

raided earlier this year, he vowed never to be caught in a similar situation and doesn't want random people in his home. So Justin decided to rent a house just so he could throw parties. He might end up sleeping there from time to time, but still has the Beverly Hills condo and will use that as his base." Well, as long as he has options.

## Paps snap Snipes being served over debt at Expendables 3 bash



Wesley Snipes GETTY IMAGES

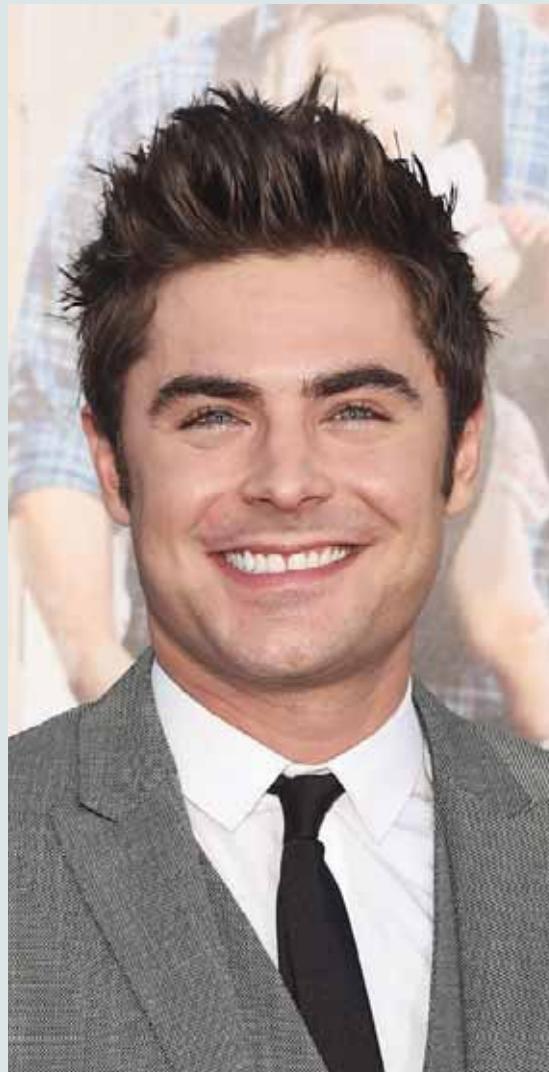
Well, this is certainly awkward. While on his way to the premiere after-party for *Expendables 3* — his first major film since serving time for tax evasion — Wesley Snipes was served with a notice to appear for a debtor's examination, according to TMZ. A process server caught Snipes off-guard as he headed in to the party, and the whole exchange was caught by paparazzi. Snipes is being sued by PR firm Sitrick & Company for unpaid fees

from work the group did while he was in trouble with the IRS. Snipes was unavailable for comment.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



### *That thing about Zac and Michelle's summer fling — it's so over*

NED EHRLICH  
Metro in Hollywood

Ah, the summer romance. So intense, so fleeting. With Labour Day fast approaching, it should come as little surprise that the incredibly surprising romance between Zac Efron and Michelle Rodriguez dating? That hardly makes any sense at all. Surely, you must be joking.



Pharrell Williams and his outsized hat. AFP

## Hat gets even more than its Pharrell share of fame

The hat that sparked a social media sensation when worn by Pharrell Williams to the Grammy Awards earlier this year is now set to go on display at the Newseum in Washington, D.C. The "Buffalo Hat" proved to be such a talking point the singer later sold it on eBay, where it was snapped up by fast food chain Arby. The restaurant brand drew attention to the similarities between

the outsized headgear and its own logo at the time, tweeting "Hey @Pharrell, can we have our hat back?" After being retweeted more than 80,000 times, Pharrell's good-natured Twitter reply — "Y'all tryna start a roast beef?" — helped the hat go viral. Now the newsworthy accessory has been loaned to the Newseum, where it will go on show this week for a limited time. AFP



Rosie O'Donnell GETTY IMAGES

## Surprise! Looks like not everything is coming up Rosie on *The View*

Rosie O'Donnell hasn't even started back on *The View* yet and already tensions are flaring. The former co-host is reportedly clashing with Whoopi Goldberg over seating assignments, as Goldberg has been in the prime moderator seat since taking over for O'Donnell, but now "Rosie wants it back from Whoopi," according to the National Enquirer. "It doesn't

matter that Whoopi has sat there for the last several years. Rosie doesn't want to be sitting anywhere but back in her old spot. In Rosie's mind, this is once again her show. Whoopi won't be giving it up, and Rosie even suggested they trade seats every other week. It's all a power trip for Rosie, which is resulting in tension on the staff." Fun times!

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Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

# Skewers of delicious

## Beef Fajita Skewers.

These are a wonderful way to put a spin on both summer dining and Tex-Mex



RICARDO COOKS  
Chef Ricardo  
Ricardo Magazine

Popsicles. Corn dogs. Skewers. Nothing says summertime fun quite like food served on a stick. Agree with me? Then you'll love this recipe.

### Marinade

1. In blender, purée all ingredients. Pour the marinade into a bowl. Add the meat and toss to coat. Cover and let marinate in the refrigerator for 3 to 6 hours.

### Salsa

1. In a bowl, combine all the ingredients. Season with salt and pepper. Cover and refrigerate for 1 hour.

### Onion Papillote

1. Preheat the grill, setting the burners to high.

2. Meanwhile, in a bowl, combine the sugar and salt. Add the onions and toss to coat. Place the onions in the centre of a sheet of lightly oiled aluminum foil. Close the foil, sealing well. Bake for about 35 minutes or until the onions are tender and lightly browned. Set aside.

### Guacamole

1. In a bowl, mash the avocado flesh with a fork. Add the remaining ingredients and stir to blend. Season with salt and pepper.



This recipe serves eight. COURTESY RICARDOCUISINE.COM

### Ingredients

#### Marinade

- 3 tbsp (45 ml) pineapple juice
- 1/2 jalapeno, seeded and chopped
- 1 clove garlic
- 1/2 lime, the juice and grated zest
- 2 tbsp (30 ml) vegetable oil
- 2 tsp (10 ml) chili powder
- 1/4 tsp (1 ml) salt
- Tabasco sauce, to taste
- 1 1/2 lb (675 g) beef, cut into 32 cubes

#### Salsa

- 3 plum tomatoes, diced
  - 1/2 jalapeno, seeded and chopped
  - 1/4 cup (60 ml) red onion chopped
  - 1 lime, the juice only
  - 1/2 cup (125 ml) cilantro, chopped
- Onion Papillote**
- 2 tsp (10 ml) sugar
  - 1 tsp (5 ml) salt
  - 4 onions, cut into thick slices
  - 1 tbsp (15 ml) olive oil
- Guacamole**
- 2 avocados, peeled and seeded

- 1 tbsp (15 ml) red onion, finely chopped
- 1 jalapeno pepper, seeded and finely chopped
- 1/2 lime, the juice only
- 8 wooden skewers, soaked in water for 30 minutes
- 1 yellow bell pepper, cut into 24 cubes
- 8 7-inch (18 cm) tortillas
- Salt and pepper
- Sour cream

### Skewers

1. Drain meat. Thread 4 cubes of meat on each skewer, alternating with 3 pieces of bell pepper. Season with salt, pepper.

2. Cook the beef skewers for

about 1 minute on all four sides, for medium-rare.

3. Warm the tortillas on the grill. Place the skewers on hot tortillas and remove the sticks. Place the toppings in the centre

of the table and let your guests garnish their fajitas to their taste. FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S UP-COMING ENGLISH EDITION LAUNCHING THIS SEPTEMBER!

# No need to complicate shrimp

1. In a saucepan over medium heat, soften the garlic in the butter. Add the vinegar and honey. Bring to a boil and reduce until slightly syrupy, about 15 minutes. Let cool.

2. Preheat the grill, setting the burners to high. Oil the grate.

3. Thread the shrimp onto the skewers and insert a section of onion on each end so as to cover the skewer, to prevent it from burning. Brush

### Ingredients

#### Balsamic Glaze

- 1 clove garlic, finely chopped
- 2 tbsp (30 ml) butter
- 1 cup (250 ml) balsamic vinegar
- 2 tbsp (30 ml) honey

#### Skewers

- 1 1/2 lb (675 g) large peeled

- shrimp, tails-on
- 4 green onions, white part only, cut into 2 pieces
- Salt and pepper
- 8 long wooden skewers, soaked in water for 30 minutes

with the balsamic glaze. Season with salt and pepper. Grill the skewers for about 1 minute per side. Brush with the remaining balsamic glaze

while grilling.

4. Serve over an arugula or spinach salad.

RICARDO



These Balsamic-Glazed Shrimp Skewers serve four. COURTESY RICARDOCUISINE.COM

### Liquid Assets

## From the roots up



LIQUID ASSETS  
Peter Rockwell  
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Grapes are the Brad Pitts of the wine world. Sexy and memorable, it's their names that get top billing on your favourite bottles.

Vines are relegated to the supporting cast. Though they do all the heavy lifting, the spotlight is always on their fruit.

With age comes respect and really old vines are starting to get attention. Mature vines produce fewer grapes. With less berries to focus on, the juice of what gets picked from elderly vines is way more concentrated.

Keeping geriatric crops in the ground is not very cost-effective, so many winemakers systematically switch them out for younger plantings to keep production stable. Spain, Australia and California have some senior root stock and have embraced the depth, complexity and nuance of their output.

California's zinfandel flourishes in its old age,

and the 2012 Gnarly Head Old Vine Zinfandel (\$16.99 - \$19.99) is a lush, ultra ripe red with a creamy undercurrent of cherry and chocolate that loves grilled meats. PRICES

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H

# Ryu's record round sets pace in London

**CP Women's Open.**  
South Korean wrapped first round with a 9-under 63 Thursday

On the eve of the Canadian Pacific Women's Open, So Yeon Ryu, Na Yeon Choi and Inbee Park got together for dinner with some fellow South Korean golfers. While Park picked up the tab after winning the LPGA Championship, all three benefited from the fellowship.

Ryu set a new course record with a 9-under 63, Choi was one shot behind her and Park three off the lead after the first round of the US\$2.25-million tournament at the London (Ont.) Hunt and Country Club. Traditional Korean food was on the menu, but Ryu credited the company, rather than the cuisine, for her strong start.

"We had a talk together to help us relax," Ryu said. "Sometimes when you're hanging out with really good friends, it can make you more relaxed and enjoy the golf. Today, I really enjoyed my golf. That comes from great friendship."

Ryu's 63 was one shy of the tournament record, and her 9-under-par tied the best mark, set in 2009 by Song-Hee Kim. The 24-year-old hit nine birdies and played a bogey-free round.

Choi chipped in three times during her morning round, and her score of 8 under looked like it would stand up until Ryu got hot



So Yeon Ryu, of South Korea, watches her tee shot on the 14th hole, at the Canadian Pacific Women's Open in London, Ont., on Thursday. Ryu shot a 9 under par, 63. DAVE CHIDLEY/THE CANADIAN PRESS

## One-stroke lead

**9**

Ryu finished with nine birdies Thursday at the London Hunt and Country Club.

on the back nine. Choi knew she chipped in twice from inside of 10 yards and once from a bunker 25 yards away but had to check her scorecard to figure out how many birdies she hit.

"I felt good about my game, but I didn't really

realize I had five birdies in a row," Choi said. "I didn't really think about I want to birdie every hole."

Choi credits Canadian manager Greg Morrison for her love of and strong play in Canada. Her career-best round of 62 came in last year's Manulife Financial LPGA at the Grey Silo Golf Course in Waterloo, Ont.

When Ryu saw Choi's score before she teed off, she thought 3 under would be a realistic goal for her.

"But I shot 9 under, so I'm more happy," Ryu said with

## AUGMENTED REALITY

Scan the image with the Metro News app for a gallery of the opening round of the Canadian Pacific Women's Open.



See the full instructions on Metro's Voices page.

a smile.  
THE CANADIAN PRESS

## Jays next

**Rays resist Price's masterpiece**

The Tampa Bay Rays overcame a masterful performance by David Price.

Price allowed only a first-inning RBI triple to Brandon Guyer in his first start against his former team, but Alex Cobb and the Rays beat Price's Detroit Tigers 1-0 Thursday, to avoid a three-game sweep.

"It's weird," Guyer said. "I've never seen a win like that."

Ben Zobrist reached on a throwing error by shortstop Eugenio Suarez and scored on Guyer's hit. Price then retired 23 batters, nine on strikeouts, to wrap an eight-inning complete game.

The Rays open a road trip with a three-game series starting Friday night against the Blue Jays.

THE ASSOCIATED PRESS

## Barclays

**Van Pelt takes one-shot lead**

Bo Van Pelt had just the round he needed to start the FedEx Cup playoffs. Rory McIlroy finally had a day off.

With no guarantee of playing beyond this week, Van Pelt combined a great start and a great finish for a 6-under 65 to take a one-shot lead Thursday at The Barclays. He is No. 104 in the FedEx Cup. Only the top 100 advance to the next tournament.

McIlroy is the top seed after his amazing summer of winning two majors and a World Golf Championship. But a week off to celebrate gave him a 3-over 74, his worst start in two months.

THE ASSOCIATED PRESS

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→ See the full instructions on Metro's Voices page.

**Horoscopes by Sally Brompton**

**Aries**

March 21 - April 20

Do what others expect of you today, even if it means you have to put your own plans on hold. Make sure loved ones get all the encouragement they need.

**Taurus**

April 21 - May 21

An unpleasant issue will have to be dealt with today. Of course, if you had sorted it out when the situation first arose several months ago you would not be in this position now.

**Gemini**

May 22 - June 21

A money matter you thought has been resolved will be up in the air again over the next few days. If you move fast, you can be the one who benefits most.

**Cancer**

June 22 - July 23

You know there are no shortcuts to success but with Mars, planet of action, moving in your favour now you have what it takes to reach the top.

**Leo**

July 24 - Aug. 23

What made no sense yesterday will make perfect sense today, because your way of looking at it has widened. There is an important lesson here: never think you know it all.

**Virgo**

Aug. 24 - Sept. 23

You can't protect those you love from the consequences of their actions. Today you'll be convinced that, as far as one individual is concerned, you've got to let them do their thing.

**Libra**

Sept. 24 - Oct. 23

Today's events will turn the views you have about someone completely on their head. The good news is you will be able to forge a new understanding.

**Scorpio**

Oct. 24 - Nov. 22

No one has the right to tell you what to believe. If they try, you must come down on them. Having said that, you may find something you used to believe no longer seems certain.

**Sagittarius**

Nov. 23 - Dec. 21

Nothing happens truly by chance and if you keep that in mind today you may find yourself in a position where you are able to gain an advantage over your rivals.

**Capricorn**

Dec. 22 - Jan. 20

Something will happen over the next few days that forces you to take centre stage, where everyone can see you. You may not want to be a star but the planets are making it happen.

**Aquarius**

Jan. 21 - Feb. 19

Whatever you think is wrong with your life is not as bad as you fear, so stop worrying and look for ways you can bring the smile back to your face.

**Pisces**

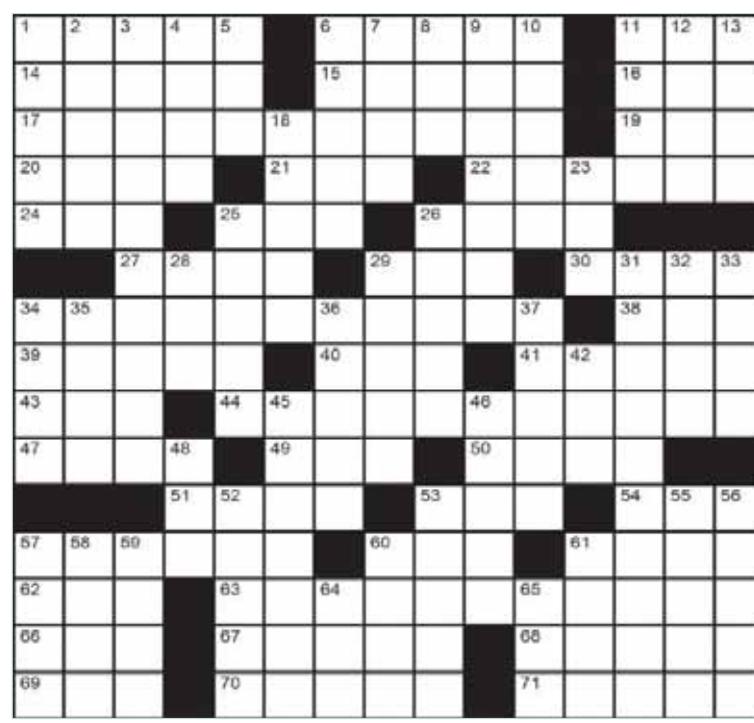
Feb. 20 - March 20

You have the power to turn negative situations to your advantage. You will achieve more if you partner up with like-minded people.

**Crossword: Canada Across and Down by Kelly Ann Buchanan**

**Across**

1. Cornered: 2 wds.
6. Sylvester Stallone movie
11. Computers, commonly
14. Wear Vera Wang
15. Projecting window
16. "Bingo!"
17. Ottawa's Peace Tower has 53 of these: 2 wds.
19. Professor's pen
20. Sudbury's Superstack
21. Ms. Farrow
22. Antiseptic
24. "Tut-tut!"
25. California wine, commonly
26. Conveyed
27. Colorado resort town
29. Rugged vehicle, commonly
30. Diving duck
34. Murder investigation findings: 2 wds.
38. Corroded
39. Particular pastel
40. Tears \_\_ Fears
41. 'Seven'-meaning prefix



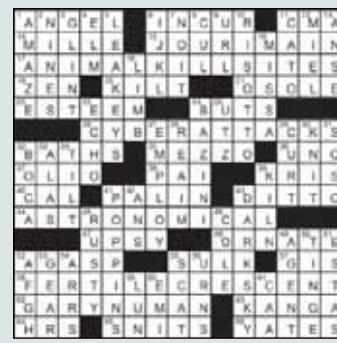
43. Fully
44. "Full Circle" band from Montreal: 3 wds.
47. Forest creature
49. Baseball hitter
50. Boorish
51. Banish
53. Extra bed
54. Band's blaster
57. \_\_\_ Ill: Reaper of Souls (Video game)

60. 'Paris' suffix
61. 'Peculiar'-meaning prefix
62. Doorman's requests
63. 'Street of Fun by the Falls' in Niagara Falls: 2 wds.
66. Ms. Hewson, Bono's activist wife
67. "...not \_\_"

- mouse."
68. New Age musician
69. Sheep spread
70. French artist, Odilon \_\_
71. Advantages

- Down
- Scope
- Glacier-formed mountain lakes
- 'City of the 1000
- (b.1910 - d.1985)
11. \_\_ passu (Impartially)
12. John \_\_ BlackBerry CEO
13. 'Diamond Life' songstress
18. Ms. Watson
23. Calendar times, e.g.
25. Nothing

**Yesterday's Crossword**



**Online**

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



**Sudoku**

**How to play**

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

**Yesterday's Sudoku**

1	8	9	2	3	7	4	6	5
4	2	7	5	8	6	9	1	3
5	3	6	1	4	9	2	8	7
7	9	1	3	6	4	8	5	2
8	4	2	7	9	5	1	3	6
3	6	5	8	1	2	7	4	9
9	5	8	4	2	3	6	7	1
2	7	4	6	5	1	3	9	8
6	1	3	9	7	8	5	2	4

2	9	1	8	
8			3	2
4			7	8
6		3		2
7			9	
3		5	7	
8	6		3	
6	2			4
3	5	6	1	

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